

# RAWDAH

Inspiring each other towards the gardens of Paradise

## IF YOU'RE IN LOVE

Love and marriage; Boyfriends and Girlfriends

## STRAWBERRY AND NUTLETTA CREPES

recipe from IcedCherryBlog

## SUPERWOMEN: Episode 2

A brief look at the life of one of the greatest women in the history of mankind

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**“O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient”**

Surah al-Baqarah 2:153

# If you're in love...

by Ustadh Nouman Ali Khan

If you're a Muslim guy and you're emotionally involved with a girl, or a Muslim girl with a guy that you are talking to, texting, skying, hanging out, or worse with, then listen up. You need to know that this is all wrong.

The most important treasure a Muslim has is his or her honour. Allah honoured us since our birth. *مَدَا يَنْبِ اِنْ مَرَك دَوْلُو*. "We honoured the children of Adam" He says in the Qur'an.

Marriage is the relationship that honours both husband and wife. Any romantic involvement outside of that violates that honour.

Would you be ok if your sister was just texting some boy who she likes? The girl you are 'involved' with is someone's sister, someone's daughter. They have dreams of marrying her off in a dignified way one day. If you are too scared to be a man and take the honourable road of approaching her family (many are so scared they can't even approach their own family), then realize that you aren't emotionally ready for a real, loving, relationship. All you really have are very strong urges that are selfish at best.

A real marriage brings two families together. A real marriage is about taking responsibility. Your feelings may be very strong. I don't doubt it. Islam didn't make it Haram for you to fall in love. It didn't forbid you from wanting someone. It only guides that love so it protects you, her, your families and especially saves you from humiliation on judgment day.

If you love her so much, why are you ok with letting her engage in this questionable relationship knowing full well that she will have to answer Allah just like you will. You don't love her enough to save her from that?

If any of you out there are 'in love', please note that teenage years are a crazy time. You totally believe you can't live without someone and you get over them and move on to the next thing in no time as though nothing happened. Don't let your strong emotions lead you into a mistake that will ruin two lives and two families.

The right thing to do, I think (and it's just my opinion), is to cut off communications entirely until you are ready to talk to your family and hers. Otherwise you are playing with someone's emotions and creating a stressful situation that will hurt you and her in ways that can scar you for the rest of your lives.

And Allah knows best.



**"And do not even go close to Zina! Truly, it is a gross obscenity and an evil path (to go down)."  
[al-Quran, 17:32]**

*Zina (either illicit fornication for those never-before-married, or adultery for those who have been married)*

## TEEN CORNER

by Ustadha bint Ahmed (UK)

It can be quite difficult to accept the current state of affairs whilst living in the West.

Left-right- and-centre we see many illicit relationships and enjoyment with no sense of "real" commitment. We cannot be oblivious of the fact that unfortunately this same society is

influencing our personalities and ideologies of what is acceptable and what is not!

The reality is many of us feel a pressure to enter a relationship; it could be society, it could be a sense of loneliness, it could be parents not allowing us to marry until our studies are over, or it could be that we have to wait until all the other siblings are married.

Whatever the case, there is a problem and it needs to be addressed in a candid manner and it would be unfortunate to pretend this problem doesn't exist.



# A True Love Story

Nope, no Bollywood or Hollywood story. I did say 'True' love story. Open up the newspaper, log onto a website and you see all these celebrities breaking up, demanding huge sum of money... where's the true love?

About 1400 years ago, actually a bit more than that, there lived a widow by the name of Khadijah bint Khuwaylid. Sounds familiar? She was our 'Superwoman' in issue 1!

Khadijah (RadhiaAllahuAnha; May Allah be pleased with her), was the first wife of Prophet Muhammad (Sallallahu Alayhiwasallam; Peace and Blessings be upon him).

She was the mother to six of their children. A successful business-woman. She was well known amongst the people of Makkah.

They were married for 25 years. Not a single time, a single time, did they have any marriage problems! (Allahu Akbar! Allah is Great).

One night Khadijah's husband came to her in hurry. He seemed to have gone through an incredible experience.

'Cover me, cover me' he said. She wrapped a shawl around him and sat him down. As a loving wife, she held him close to her and asked what was up.

The Prophet Muhammad told her that an angel came to him and told him to 'read'. The Prophet couldn't read. He was asked again and once again. Then the angel said that he Muhammad was a prophet and messenger of Allah! He was really frightened by this sudden ordeal. Her response?

**"Allah would never humiliate you, for you are good to your relatives, you are true to your word, you help those who are in need, you support the weak, you feed the guest and you answer the call of those who are in distress."**

Khadijah was always by the side of her husband. I cannot do justice by writing this article about her. She was truly a special woman. Shaykh Abdul Nasir Jangda has a really good video on YouTube about this story. Type this URL:

<http://www.youtube.com/watch?v=vHTPLFUwEi4>

# Strawberry and Nutella Crepes



## Ingredients:

- |                           |  |
|---------------------------|--|
| 1 cup of plain flour      | 1 cup whole milk                                 |
| 1 cup of granulated sugar | 1 cup nutella and some little extra for the top, |
| 2 eggs                    | Sliced and whole Strawberries                    |
| 2 tbsps of melted butter  |  |

## Method:

- 1) In a blender mix in the flour, sugar, egg, butter and milk. Bring to a consistency where there is no lumps.
- 2) Coat a small non-stick pan add a little more butter and add a spoonful of the mixture. Be sure move the mixture around the whole pan.
- 3) Leave for 1-2 minutes and flip over.
- 4) Put your Nutella in the microwave for 30 seconds, this will make it easier for you to spread it out.
- 5) Spread the Nutella out on the crepes, add some strawberries and fold the crepes into a half moon shape.
- 6) With a spoon drizzle some Nutella, and top it with a strawberry

And that is Perfection! Enjoy!!

You can find more mouth watering delights on the Iced Cherry Blog website:

[www.icedcherryblog.weebly.com](http://www.icedcherryblog.weebly.com)

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## Quotes

People of dua are optimistic by definition. They know that dua and thoughts like 'unlikely' or 'impossible' don't coexist

- Nouman Ali Khan



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# On treating broken hearts (love addictions)

by Yasmin Mogahed (USA)

If you are trying to get over a person you can't be with, treat it like an addiction:

## 1. Cut yourself off from the drug completely:

Cut off all communication and reminders—even if that means blocking numbers, emails, a Facebook profile, and stop checking their Facebook! This is your detox.

## 2. Replace it with something better:

Increase in your Zikr (remembrance of Allah) and get closer to Allah.

If you aren't praying your daily prayers, fix that.

Pray all and pray on time. Pray Salah in the last third of the night (just before fajr). Make duaa, tawbah (repentance), cry, plead to Allah. This is your treatment.



## If you really love...

Islam didn't make it Haram for you to fall in love. It didn't forbid you from wanting someone. It only guides that love so it protects you, her/him, your families and especially saves you from humiliation on judgment day.

If you love them so much, why are you ok with letting them engage in this questionable relationship knowing full well that they will have to answer Allah just like you will.

You don't love them enough to save her from that?

Nouman Ali Khan (USA)





Episode 2:

# uperwomen

a look back into history

## 'Ā'ishah bint Abī Bakr

Born: 613/614 C.E Death: 678 C.E

'A'ishah (May Allah be pleased with her) was another of the beloved wife of the Prophet Muhammad (Peace Be Upon Him). She was one of the closest wives and it was in here house that the Prophet passed away.

Aisha would fast often and donate heavily to the poor and needy. One day she was fasting and a poor person knocked on her door. She had given him all the food she had in the house. Her servant told her that the food she gave away was for her iftar. Aisha replied saying don't worry Allah will provide. The servant remarked 'Yeah Allah will provide' rather sarcastically. At iftar time someone knocked on the door and presented Aisha with food!

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